

LEAVE NO TRACE

Code of Good Practices in Nature

1 PLAN YOUR OUTINGS CAREFULLY

Nature isn't forgiving of poor planning. Learn about local regulations, protected areas, potential hazards, and the weather. Plan your meals to reduce waste. Avoid peak times to limit overcrowding, and stay realistic: no one wants to risk their life coming to rescue you.

2 AVOID FRAGILE TERRAIN

Don't walk just anywhere. To minimise your impact, stay on marked trails, rock, snow, or dry grass. In groups, walk in single file. The same applies to camping: choose a suitable spot to limit harm to the environment, even if it's less picturesque.



3 MANAGE YOUR WASTE

You wouldn't throw your trash in someone else's home—nature is no different. Leave no waste behind, not even organic waste. For washing yourself or doing the dishes, move away from waterways to avoid pollution. And let's cut to the chase: when nature calls, dig a hole—and make sure to fill it in afterward.

4 KEEP YOUR HANDS TO YOURSELF

Don't take anything. No plants, no rocks, not even the tempting little finds you're inclined to slip into your backpack. Avoid building shelters or digging holes. To capture memories, your phone works just fine. Animal selfies, however, are always a no.

5 MINIMISE THE IMPACT OF FIRES

Check local regulations and choose a camp stove over a campfire. If you really must make a fire, use designated areas and only small pieces of dead wood. Once the fire is out, scatter the ashes. Above all, be careful: wildfires are a real risk, and Mother Nature shouldn't pay the price for your questionable campfire skills.



6 LEAVE WILDLIFE ALONE

Out here, you're a guest. Be a respectful one and keep a low profile. Observe wildlife from a safe distance, don't interact with animals, and keep your dog on a leash. Never feed wildlife either. No deer is interested in your organic seed mix anyway.



7 RESPECT OTHERS

You're bound to cross paths with others, so show kindness to fellow hikers. Stay polite, even when you're exhausted, and yield the trail when needed. Respect the peace and quiet, and avoid noise pollution. Trust us: no one climbed 500 meters of elevation gain to listen to your playlist.

Hello!

Columbia
HIKE SOCIETY

